

Unusual Presentation of Ganglioneuroblastoma

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Abstract

Ganglioneuroblastoma are a mix of malignant neuroblastoma and benign ganglioneuroma tissue. These lesions originate from sympathetic cells. It is a rare tumor with an incidence of 5 per lakh children under 10 years of age. We present a case of unusual presentation of this rare tumor.

Keywords: Neuroblastoma; Ganglioneuroblastoma; Ganglioneuroma; Sympathetic Cells.

Case Report

A 3½-year old girl presented to the orthopedician for bilateral CTEV who referred the case to us, as he found mass per abdomen. On enquiry, she had dribbling of urine and constipation since birth passing hard stools only after laxative. She had no other complaints. Birth history was unremarkable and development was normal and family history being non-contributory.

GPE

Normal vitals, anthropometry around 50th percentile, bilateral CTEV. Per abdomen examination revealed distended bladder with no other mass palpable. CNS, CVS and RS were normal. Ultrasound abdomen revealed distended bladder with bilateral hydroureter and hydronephrosis (Grade-III).

A solid mass of the size 7 x 8 cms arising from left sympathetic chain involving multiple ganglia of lumbar and sacral area was found. It was homogenous echogenicity. CT scan revealed solid mass of 7x7 cms of isodense arising from left sympathetic chain with no calcification or increased vascularity. The mass being free from kidney, adrenal gland and psoas muscle of same side, was displacing the kidney anteriorly and medially.

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Radiography of all bones including spine was normal with no metastasis. USG guided FNAC showed features of GNB. The girl was then subjected for retroperitoneal excision and histopathology confirmed GNB.

VMA and HVA estimation was not done. The patient was discharged on 10th postoperative day with no complications.

Discussion

Ganglioneuroblastoma are a mix of malignant neuroblastoma and benign ganglioneuroma. They are sometimes called 'transitional tumors'. These lesions also originate from sympathetic cells. Histologically they are considered intermediate because they contain primitive neuroblasts along with mature ganglion cells [1]. Ganglioneuroblastoma occur with equal frequency in boys and girls [1]. Ganglioneuroblastoma most commonly occur in infants and in young children; they almost never occur beyond 10 years (median age – 2 years) [1]. Ganglioneuroblastoma tumors are usually found in the adrenal medulla (35%), retroperitoneum (30-35%), posterior mediastinum (20%), neck (1-5%) and pelvis (2-3%) [1].

Ganglioneuroblastoma have a propensity for secreting catecholamines; approximately 90-95% actively secretes vanillylmandelic acid (VMA) and homovanillic acid (HVA). Catecholamine toxicity rarely results [2]. HVA tends to be secreted by more mature and differentiated tumors, whereas VMA is usually a product of less differentiated tumor [3]. Ganglioneuroblastoma often present with pain

caused by either the primary tumor or by metastatic mass and abdominal distension. Patient may also complain of irritability, weight loss, malaise, shortness of breath, peripheral neurologic symptoms (nerve or nerve root compression) [2]. GNB can metastasize with bone being most common site [3]. GNB is screened by VMA and HVA levels in urine [4]. CT scan is the most commonly used modality to diagnose the GNB [2]. Despite these possible comorbidities, the prognosis for patients with GNB is relatively good. The tumor may spontaneously regress or mature to ganglioneuroma. Regression occur in 1-2% of tumors [3].

Most probable explanation of chronic symptomatology in this patient would be as this patient has GNB involving multiple lumbar and sacral sympathetic ganglia, probably congenital which have completely interrupted the parasympathetic supply to bladder and bowel thereby resulting in autonomic bladder and chronic constipation.

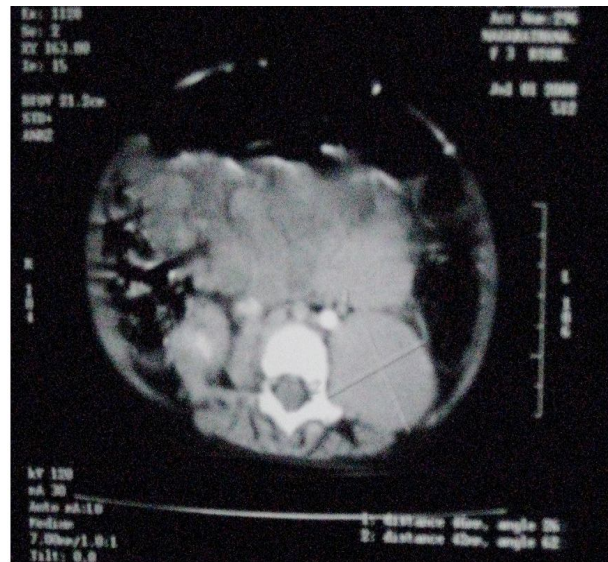
The presence of CTEV in this patient could not be explained. The only association of CTEV with GNB is seen in fetal hydantoin syndrome but here mother was



Photograph showing grossly distended abdomen with bilateral CTEV



IVP showing bilateral hydronephrosis and hydroureter (grade-III)



CT abdomen showing left sided mass measuring 7x9 cm arising from left lumbar and sacral sympathetic ganglia free from kidney, adrenal gland and psoas muscle

not alcoholic. Hence, association may be coincidental.

Abbreviations

GNB-Ganglioneuroblastoma

VMA-Vanillyl Mandelic acid

HVA-Homovanillic acid

CT-Computed tomography

CTEV-Congenital Talipes equino varus

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